



HEALTH CHECKUP PLANS

“ **PREVENTION** is better than **CURE..!**”



LEADING HOSPITAL FOR TRUSTED CARE

SUNSHINE GLOBAL HOSPITAL

Besides Big Bazaar, Dumas-Piplod Road,
Surat - 395007

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Email : info@sunshineglobalhospitals.com

BASIC HEALTH PLAN

- **General Investigation**
Complete Blood Count With ESR
Urine Routine Examination
- **Diabetic Evaluation**
Fasting Blood Glucose
- **Lipid Profile**
Cholesterol
- **Cardiac Risk Evaluation**
ECG
- **General Procedure**
Chest X-ray
- **Consultations**
Physician
Dietician
Physiotherapist

Rs. 850/-

SENIOR CITIZEN HEALTH PLAN

- **General Investigation**
Complete Blood Count With ESR
Serum Calcium
Urine Routine Examination
Stool Routine Examination
- **Diabetic Evaluation**
Fasting Blood Glucose
Post Prandial Blood Glucose
- **Lipid Profile**
Cholesterol
HDL Cholesterol
LDL Cholesterol
VLDL Cholesterol
Triglycerides
- **Liver Profile**
SGPT
Alkaline Phosphates
- **Kidney Profile**
Creatinine
Phosphorus
- **Cardiac Risk Evaluation**
ECG
- **General Procedure**
Chest X-ray
PFT
- **Consultations**
Physician
Orthopedic
Ophthalmologist
Dietician
Dentist
Physiotherapist

Rs. 2,100/-

DIABETIC HEALTH PLAN - A

- **General Investigation**
Complete Blood Count With ESR
Urine Routine Examination
- **Diabetic Evaluation**
Fasting Blood Glucose
Post Prandial Blood Glucose
- **Lipid Profile**
Cholesterol
- **Kidney Profile**
Creatinine
Albumin - Creatinine Ratio
Creatinine Clearance Test
- **Cardiac Risk Evaluation**
ECG
- **Consultations**
Physician
Ophthalmologist
Dietician
Physiotherapist

Rs. 1,300/-

DIABETIC HEALTH PLAN - B

- **General Investigation**
Complete Blood Count With ESR
TSH
Urine Routine Examination
- **Diabetic Evaluation**
Fasting Blood Glucose
Post Prandial Blood Glucose
Glycosylated Hemoglobin (HbA1c)
- **Lipid Profile**
Cholesterol
HDL Cholesterol
LDL Cholesterol
VLDL Cholesterol
Triglycerides
- **Liver Profile**
Bilirubin
SGPT
SGOT
- **Kidney Profile**
Creatinine
Micro Albuminuria
Albumin - Creatinine Ratio
Creatinine Clearance Test
- **Cardiac Risk Evaluation**
ECG
2 D Echo
- **Consultations**
Physician
Non Invasive Cardiologist
Ophthalmologist
Dietician
Dentist
Physiotherapist

Rs. 3,500/-

KIDS WELLNESS PLAN

- **General Investigation**
Complete Blood Count With ESR
Blood Group With Rh Factor
TSH
Urine Routine Examination
- **Diabetic Evaluation**
Fasting Blood Glucose
- **Liver Profile**
SGPT
- **General Procedure**
Chest X-RAY
- **Consultations**
Ophthalmologist
Dentist
Pediatric

Rs. 1,100/-

ARTHRITIS HEALTH PLAN

- **General Investigation**
Complete Blood Count With ESR
Serum Calcium
RA Titer
Urine Routine Examination
- **Liver Profile**
Alkaline Phosphates
- **Kidney Profile**
Creatinine
Uric Acid
Phosphorus
- **General Procedure**
Chest X-ray
- **Consultations**
Orthopedic
Dietician
Physiotherapist

Rs. 1,500/-

PRE MARITAL HEALTH PLAN

- **General Investigation**
Complete Blood Count With ESR
Blood Group With Rh Factor
HIV
HbsAg (Maker for Hepatitis B)
VDRL
Hb Electrophoresis (Thalassemia)
Sickling
Urine Routine Examination
Stool Routine Examination
- **Diabetic Evaluation**
Fasting Blood Glucose
Post Prandial Blood Glucose
- **Cardiac Risk Evaluation**
ECG
- **General Procedure**
Chest X-ray
USG Abdomen W/
- **Consultations**
Physician
Gynecologist

Rs. 3,200/-

KIDNEY PROFILE

- **General Investigation**
Complete Blood Count With ESR
Serum Electrolytes (Na/K/Cl)
Serum Calcium
Urine Routine Examination
- **Liver Profile**
Alkaline Phosphates
- **Kidney Profile**
Creatinine
BUN
Uric Acid
Micro Albuminuria
- **Consultations**
Nephrologist
(By Appointment)

Rs. 2,200/-

HEALTHY HEART PLAN

- **General Investigation**
Complete Blood Count With ESR
- **Diabetic Evaluation**
Fasting Blood Glucose
- **Lipid Profile**
Cholesterol
HDL Cholesterol
LDL Cholesterol
VLDL Cholesterol
Triglycerides
- **Cardiac Risk Evaluation**
ECG
2 D Echo
- **Consultations**
Physician
Non Invasive
Cardiologist
Dietician
Physiotherapist

Rs. 1,600/-

COMPREHENSIVE CARDIAC PLAN

- **General Investigation**
Complete Blood Count With ESR
Serum Electrolytes (Na/K/Cl)
TSH
Urine Routine Examination
- **Diabetic Evaluation**
Fasting Blood Glucose
Post Prandial Blood Glucose
- **Lipid Profile**
Cholesterol
HDL Cholesterol
LDL Cholesterol
VLDL Cholesterol
Triglycerides
- **Liver Profile**
Bilirubin
SGPT
SGOT
Protein
Albumin
Globulin
Albumin / Globulin Ratio
Alkaline Phosphates
- **Kidney Profile**
Creatinine
Urea
- **Cardiac Risk Evaluation**
ECG
Stress Test / Tread Mill Test
2 D Echo
- **General Procedure**
Chest X-ray
USG Abdomen With Pelvis
- **Consultations**
Physician
Non Invasive Cardiologist
PFT
Dietician
Physiotherapy

Rs. 4,500/-

WELL WOMEN PLAN

- **General Investigation**
Complete Blood Count With ESR
Blood Group With Rh Factor
TSH
PAP Smear (Female)
Urine Routine Examination
Stool Routine Examination
- **Diabetic Evaluation**
Fasting Blood Glucose
Post Prandial Blood Glucose
- **Lipid Profile**
Cholesterol
HDL Cholesterol
LDL Cholesterol
VLDL Cholesterol
Triglycerides
- **Liver Profile**
Bilirubin
SGPT
SGOT
Protein
Albumin
Globulin
Albumin / Globulin Ratio
Alkaline Phosphates
- **Kidney Profile**
Creatinine
Urea
Uric Acid
- **Cardiac Risk Evaluation**
ECG

- **General Procedure**
Chest X-ray
PFT
USG Abdomen With Pelvis
- **Consultations**
Physician
Gynecologist
Orthopedic
Ophthalmologist
Dietician
Dentist
Physiotherapist

Rs. 4,000/-

MASTER HEALTH PLAN

- **General Investigation**
Complete Blood Count With ESR
Blood Group With Rh Factor
TSH
PAP Smear (Female) / PSA
(Male)
Urine Routine Examination
Stool Routine Examination
- **Diabetic Evaluation**
Fasting Blood Glucose
Post Prandial Blood Glucose
- **Lipid Profile**
Cholesterol
HDL Cholesterol
LDL Cholesterol
VLDL Cholesterol
Triglycerides
- **Liver Profile**
Bilirubin
SGPT
SGOT
Protein
Albumin
Globulin
Albumin / Globulin Ratio
Alkaline Phosphates
- **Kidney Profile**
Creatinine
Urea
Uric Acid
- **Cardiac Risk Evaluation**
ECG
Stress Test / Tread Mill Test
- **General Procedure**
Chest X-ray
PFT
USG Abdomen With Pelvis
- **Consultations**
Physician
Non Invasive Cardiologist
Gynecologist
Orthopedic
General Surgeon
Ophthalmologist
ENT
Dietician
Dentist
Physiotherapist

Rs. 4,500/-

NRI PLAN

- **General Investigation**
Complete Blood Count With ESR
Blood Group With Rh Factor
Serum Electrolytes (Na/K/Cl)
Serum Calcium
RA Titer
TSH
T3 T4
Vit B12
Vut D3
HIV
HbsAg (Maker for Hepatitis B)
PAP Smear (Female) / PSA (Male)
Urine Routine Examination
Stool Routine Examination
- **Diabetic Evaluation**
Fasting Blood Glucose
Post Prandial Blood Glucose
Glycosylated Hemoglobin
(HbA1c)
- **Lipid Profile**
Cholesterol
HDL Cholesterol
LDL Cholesterol
VLDL Cholesterol
Triglycerides
- **Liver Profile**
Bilirubin
SGPT
SGOT
Protein
Albumin
Globulin
Albumin / Globulin Ratio
Alkaline Phosphates
- **Kidney Profile**
Creatinine
BUN
Urea
Uric Acid
Phosphorus
- **Cardiac Risk Evaluation**
ECG
Stress Test / Tread Mill Test
2 D Echo
- **General Procedure**
Chest X-ray
Dental Scaling & Polishing
PFT
USG Abdomen With Pelvis
- **Consultations**
Physician
Non Invasive Cardiologist
Gynecologist
Orthopedic
General Surgeon
Ophthalmologist
ENT
Dietician
Dentist
Physiotherapist

Rs. 9,000/-

LEADING HOSPITAL FOR TRUSTED CARE

Do you get your car or scooter serviced regularly How often do you get your 'BODY VEHICLE' serviced ?

Modernized & fast lifestyle has made us prone to many diseases. These diseases spread in our body without knowledge. Why not to pick them up before it is too late? Preventive health checkups are essentially meant for the early diagnoses & timely care for such diseases.

PREVENTION IS BETTER THAN CURE...!

We, at Sunshine Global Hospitals offer you Health Check-Up plans which are carefully designed by a team of medical care experts keeping age, sex, occupation & current disease trends in focus. Our goal is not to miss even a smallest symptom or sign of a major emerging illness.

Our health check-up plans are patient centric & cost effective. It involves patient education, counseling as it's center. We have added value to our health check-up plans by addressing life style modification issues like diet, exercise & stress management.

Your experience with us will be unique
" WE ARE DIFFERENT THAN OTHERS...! "

HEALTH CHECK-UP PLANS :

- Basic Health Plan
- Senior Citizen Health Plan
- Diabetic Health Plan-A
- Diabetic Health Plan-B
- Kids Wellness Plan
- Arthritis Health Plan
- Pre Marital Health Plan (M/F)
- Kidney Profile
- Health Hearth Plan
- Comprehensive Cardiac Plan
- Well Women Plan
- Master Health Plan
- NRI Plan

Guideline for Health Check-Up :

- Kindly take prior appointment please call : 0261-4111000 between 9:00 AM to 6:00 PM from Monday to Saturday
- On the day of check-up please report at the reception between 8:00 AM to 8:30 AM
- Kindly bring your morning sample of stool. A sterilized container for sample can be collected a day in advance from Sunshine Global Hospital
- On the day of check-up please come empty stomach
- Please do not eat or drink anything after 10:00 PM previous night. However you may drink water.

Please inform us :

- If you are diabetic
- If you are a cardiac patient
- If you are a pregnant female
- If you are taking any medicines (please bring your prescription/medication)
- Kindly remove your hair (Chest for female) to ensure good ECG and treadmill test
- Please bring all your earlier medical records, when you come for the check-up



 www.sunshineglobalhospitals.com

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