

Health Check-up Plans

Standard, Basic & Cardiac

TESTS	Standard ₹3,000/-	Basic ₹1,500/-	Cardiac ₹2,600/-
CBC with ESR	✓	✓	✓
Blood Group	✓	✓	
FBS & PPBS	✓	✓	FBS only
Lipid Profile	✓		✓
S. Creatinine	✓	✓	
S. Cholesterol		✓	
SGPT	✓	✓	
SGOT	✓		
S. Alk. Phosphatase	✓		
S. Protein	✓		
Urea	✓		
Urine R/M	✓	✓	
Stool R/M	✓	✓	
Chest X-Ray	✓	✓	
USG Abdomen (Screening)	✓		
ECG	✓	✓	✓
Echo (Screening)	✓		✓
Physician Consultation	✓	✓	
Gynecologist (For Female)	✓		
Cardiologist Consultation	✓		✓
Eye Check-up	✓		
ENT Consultation	✓		
Diet Counseling	✓		
Breakfast & Lunch	✓		

Guidelines for Health Check-up

- ▶ On the day of checkup please report at the reception between 8.15 am to 8.30 am.
- ▶ Kindly bring your morning sample of stool. A sterilized container for sample can be collected in advance from Sunshine Global Hospital.
- ▶ On the day of checkup please come empty stomach.
- ▶ Please do not eat or drink anything after 10.00 pm previous night. However you may drink water.
- ▶ The entire process will last between 4 to 6 hours and might take longer if there are any additional tests that might be required to customize your Health Check.
- ▶ Following your initial visit with the reports, you will be asked to consult with one of our experienced Consultants for a detailed review of your Health Check reports.

Please inform us

- ▶ If you are diabetic.
- ▶ If you are cardiac patient.
- ▶ If you are pregnant female.
- ▶ If you are taking any medication (Please bring your prescription / medication).
- ▶ Kindly remove your hair (Chest for male) to ensure good ECG and Treadmill Test.
- ▶ Please bring all your earlier medical records, when you come for the check-up.



Health Check-up Plans



SUNSHINE GLOBAL HOSPITAL

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Follow us  

Take charge of your Health.



Do you get your car or scooter serviced regularly?

How often do you get your "body" serviced?

Modernized and fast lifestyle has made us prone to many diseases. These diseases spread in our body without our knowledge. Why not to pick them up before it is too late? Preventive health check-ups are essentially meant for the early diagnosis and timely care for such diseases.

Prevention is better than cure

We, at Sunshine Global Hospital offer you Health Check-up Plans which are very carefully designed by a team of medical care experts keeping age, sex, occupation and current disease trends in focus. Our goal is not to miss even a smallest symptom or sign of a major emerging illness.

Our Health Check-up Plans are patient centric and cost effective. It involves patient education, counseling and motivation as its center. We have added value to our Health Check-up Plans by addressing lifestyle modification issues like diet, exercise and stress management.



Health Check-up Plans :

- ▶ Standard
- ▶ Gold
- ▶ Comprehensive
- ▶ Cardiac
- ▶ Basic
- ▶ Whole Body
- ▶ Executive

Health Check-up Plans

Gold & Whole Body

TESTS	Gold	Whole Body
	₹ 9,900/-	₹ 6,900/-
CBC with ESR	✓	✓
Blood Group	✓	✓
FBS & PPBS	✓	✓
Uric Acid	✓	✓
HbA1c	✓	✓
S. Creatinine	✓	✓
Urea	✓	✓
Liver Profile	✓	✓
Lipid Profile	✓	✓
T3, T4 & TSH	✓	TSH only
PSA (For Male)	✓	✓
S. Calcium	✓	✓
Urine R/M	✓	✓
Stool R/M	✓	✓
Chest X-Ray	✓	✓
USG Whole Abdomen	✓	✓
TMT / Echo	✓	✓
ECG	✓	✓
PFT	✓	✓
Vitamin B12	✓	✓
PAP Smear	✓	✓
CONSULTATIONS		
Physician	✓	✓
General Surgeon	✓	✓
Orthopaedic	✓	✓
Gynecologist (For Female)	✓	✓
Eye Specialist	✓	✓
ENT Specialist	✓	✓
Chest Physician	✓	
Urologist	✓	
Physiotherapy	✓	✓
Diet Counseling	✓	✓
Breakfast & Lunch	✓	✓

Health Check-up Plans

Comprehensive & Executive

TESTS	Comprehensive	Executive
	₹ 5,000/-	₹ 4,000/-
CBC with ESR	✓	✓
Blood Group	✓	✓
FBS & PPBS	✓	✓
Uric Acid	✓	
HbA1c	✓	
S. Creatinine	✓	✓
Urea	✓	✓
Liver Profile	✓	✓
Lipid Profile	✓	✓
TSH	✓	
PSA (For Male)	✓	✓
PAP Smear	✓	✓
S. Calcium	✓	✓
Urine R/M	✓	✓
Stool R/M	✓	✓
Chest X-Ray	✓	✓
USG Abdomen (Screening)	✓	
TMT / Echo (Screening)	✓	TMT only
ECG	✓	✓
PFT	✓	✓
Physician Consultation	✓	✓
General Surgeon	✓	✓
Gynecologist (For Female)	✓	✓
Eye Check-up	✓	✓
Orthopaedic Consultation	✓	✓
ENT with Audiometry*	✓	ENT only
Diet Counseling	✓	✓
Breakfast & Lunch	✓	✓

*If Required.



A Complete Care for you & your family